

SEPTEMBER

HILLSIDE HAPPENINGS

2023



"A Caring Commitment to Learning"



Northern Gateway
Public Schools

PRINCIPAL'S MESSAGE

It is with great enthusiasm, we extend a warm welcome to each of you as we embark on a new and exciting year at Hillside Jr/Sr High School. As we stand on the threshold of this new year, let us reflect on all of the possibilities and potential that lies ahead. The school year ahead is not just about academic progress but also about personal growth, character development, and forging lasting connections within our school community.

To our students, we want you to know that you are the heart and soul of Hillside. Your unique talents, curiosity, and perseverance are what fuel our collective success. In the coming months, you will encounter challenges, form new friendships, and experience moments of triumph and self-discovery. Please remember that our dedicated staff are here to offer support and guidance every step of the way. We wholeheartedly believe in your ability to achieve greatness and become the best versions of yourselves.

Hillside is dedicated to fostering a sense of community, inclusivity, and respect. We believe that our strength lies in diversity and we strive to create an atmosphere where every student feels valued, heard and supported.

As you begin the new school year, we encourage you to set goals, embrace new opportunities, and confront challenges with resilience and determination. We eagerly look forward to getting to know each one of you and working together to make this year exceptional.

Once again, on behalf of all of Hillside Staff, welcome back! Here's to a successful and enriching year ahead.

Warmest regards,

Mrs. M. Patenaude

Principal Hillside Jr/Sr High



Calendar Of Events Hillside Happenings



Thursday, Sept. 14

Football Game 4 pm

Sexsmith @ Hillside

Senior High Volleyball Tryouts,

South Gym 5:00 pm



Monday, Sept. 18

Senior High Volleyball Tryouts,

South Gym 5:00 pm

Thursday, Sept. 21

Jr. High School Pictures

9 am - 3 pm

Senior High Career Fair

@ Whitecourt

Friday, Sept. 22

Sr. High School Pictures

Football Game 4 pm

Edson @ Hillside

Monday, Sept. 25

School Council Meeting Learning

Commons @ 7 pm



Friday, Sept. 29

Football Game 4 pm

Hillside @ Whitecourt

Orange Shirt Day at

Hillside.



Saturday, Sept. 30

National Day of

Truth and Reconciliation





Hillside Sports

Golfing Team

Golf is underway at Hillside, and we're looking forward to another great season!

Senior High Zones will be held in Spirit River on Monday, September 18th. Junior High Zones are being hosted at Hillside at the Riverside Golf Course on Monday, September 25th.

Football is officially under way!

Our first game was Friday, September 8, 2023 in High Prairie.

If any players are interested in joining the team

They are welcome.

Football Schedule

Sept. 14, Sexsmith @ Hillside - 5:00 pm

Sept. 22, Edson@ Hillside - 5:00 pm

Sept. 29, Hillside @ Whitecourt - 4:30 pm





Special Points Of Interests



School Purchases

Preferred payment method for school purchases are:
School cash Online, Debit, Visa, MasterCard & Amex. Cash
and cheques are still accepted. New to Hillside this year is
etransfer. Send to hillside@ngps.ca

Scholastic Book Orders

can still be placed online at
<https://bookclubs.scholastic.ca> Access Code: RC199625.

Cafeteria Service

Open during lunch 12:19-12:59 available for all students.
Pre-paid tabs are available through Mrs. Grotkowski in the
office using debit, visa, MasterCard or Amex.

School Newsletter

You can have our School Newsletter emailed to you.
Please contact Mrs. Stewart in the Learning Commons at
780-524-3277.

Newsletter is also available on our webpage!

<https://www.hillsidehigh.ca>

Our mailing address and contact information:

Hillside Jr/Sr High School Bag 3 4701-52 Avenue

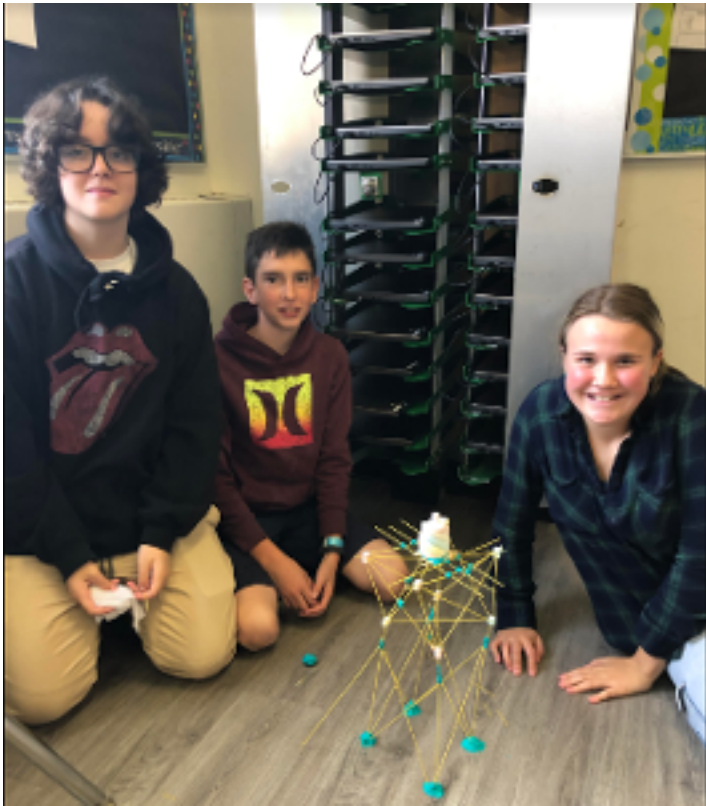
Valleyview, AB T0H 3N0

Phone: 780-524-3277

Fax:780-524-4205

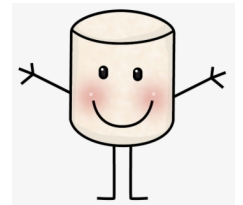
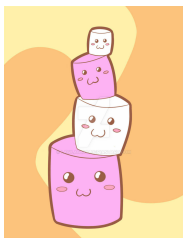
E-mail:hillside@ngps.ca

Lunch: 12:19-12:59



ICE BREAKER CHALLENGE

Students in Mrs. Matheson's Option Class were tasked with building the tallest tower that could support a jumbo marshmallow!



WELCOME BACK TO SCHOOL

Reflections on Back to School

I am one of those parents that feel all the things, big, small and everything in between! Perhaps not everyone can relate, so this is for those that also feel big when it comes to their Kids. My husband thinks I am strange, being such an emotional human. Yet, I am grateful his Feet are firmly planted on the ground. He is my buffer and shield when I feel too much. For those parents who feel all the same things, I hope you have someone in your life that gives you a safe place to land, especially at this time of year when there are many new changes, hard Goodbyes, see-you-laters, and letting go.

There is a saying that when you become a parent your heart is forever walking outside your body. This is so true, particularly each September when it is time to send kids back to school. Whether you are dropping your “baby” off for their first day at junior kindergarten, or a new school, to junior high or high school when you are certain you are feeding them to the wolves. That feeling may come over you when you watch them at their piano recital, at their first race for track and field, at their Christmas concert, or delivering a speech at a school assembly. You may feel it profoundly when you watch them nervously bite their lip or play with their fingers, scanning the crowd for your familiar face and smile.

That feeling may come in strong and fierce when you watch them walk across the stage to receive their high school diploma, or say goodbye at the airport, or leave them at a University Campus and drive away.

That feeling is a part of your heart, raw and tender, that is physically outside of your body. It is vulnerable and exposed. That feeling is pieces of your heart which leaks unconsciously out your eyes and down your cheeks. That feeling is love, pride, joy, excitement, heartache, perhaps a little guilt or regret.

I don't know what it is like to not feel these things and I sometimes envy those parents (like my Husband) that can meet such milestones with nothing but happiness, elation and relief. No matter what you feel as a new season starts, know and trust that you have loved, taught and prepared your kids for the next chapter. They are ready. You have done your job and have done it well.

For those like me, I see you with your red eyes, the tissue crumpled in your clenched fists, the deep sighs as you desperately put on a brave face.

I see you.

This article was written by Tammy Charko BA, BSW, RSW. Tammy is Northern Gateway Public School's Student Support facilitator.

